

NANDI Focus e-Newsletter

Your Ultimate Source of News

TOURISM, CULTURE,
GENDER & SOCIAL WELFARE



#TembeaNandi #MagicalNandi

CONTACT US:

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 County Government of Nandi

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 1548

Editor's Note



Dear Reader,

We are excited to share with you our seventh edition of the Nandi Focus Magazine. It has been quite an elusive year that stormed the world and shuttered variety of activities with the country as well as the county.

In this edition we keenly focus on the department of Tourism, Culture, Gender and Social Welfare. The department formulates mainstream and implement responsive policies through coordinated strategies for sustained and balanced socio-cultural, recreation, empowerment of vulnerable, marginalized groups and areas for economic development of the county.

The department has been on the forefront in ensuring that they empower and provide welfare services to the vulnerable members of the society as well as safeguarding the rights and welfare of all children within the county.

It has moreover concentrated on preserving and promoting positive culture among the Nandi community.

Next Editions:

Education departments' newsletter will be released in January as we prepare for next year.

We continue to urge our readers to follow the Covid-19 guidelines, wash your hands, Social distance, and most importantly wear a mask.

For more information on Covid-19 visit www.covid.nandicounty.go.ke We also invite you to visit www.opengov.nandicounty.go.ke to learn more about what your County can do for you and how to participate.

We look forward to your feedback on this newsletter article through **info@nandi.go.ke** and our **Call Centre 1548**.

#staysafe
#transformingNandi

Past newsletters can be accessed through

www.nandicounty.go.ke/newsletter



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Message from the Governor



H.E. STEPHEN ARAAP SANG

Tourism, Culture, Gender and Social Welfare articulate the beauty, equality, equity and adherence of the promotion of the community's structure.

Through this, my administration is on the verge of assuring that our county stays renowned for being a magical county that attracts individuals around the world.

In October this year, our county got the privilege to host a team from the Ministry of Tourism led by H.E. Najib Balala, for Magical Team in promotion of Tourism and Culture.

Through the Sub-Section of Gender and Social Welfare, my government promotes and protects the rights of women, children, the aged, persons with a disability, and other vulnerable groups through development and review of policies, advocacy coordination with stakeholders, building capacity and effective monitoring and evaluation to enhance equity for all.

For this achievement, the department partnered with Equality Africa Now to fight for safe space for girls within the County.

I want to reassure my government's commitment to ensuring that we promote tourism within our county as well as ensuring that Nandi Culture is being promoted and branded.

Lastly, I urge all of us not to succumb to Covid fatigue. Let's stay the course and observe the health protocols in place.

Thank you and God Bless.

#MagicalNandi



As we approach the end of a year of varying challenges, difficulties and triumphs, it is time once again to celebrate Christmas. We can all agree that we are a blessed people and for that we are thankful.



This year has been one of the toughest, when the world is in turmoil, and is somewhat unstable socially and economically. As County Government we hope that next year will be ushered in with great success and greatness.

MERRY CHRISTMAS

& HAPPY NEW YEAR

H.E. STEPHEN SANG
GOVERNOR, NANDI COUNTY



Message from the Deputy Governor

DR. YULITA CHERUIYOT



The Department of Tourism, Culture, Gender and Social Welfare is home to a sub-sector that we feel very strongly about. Gender based violence and teenage pregnancies are at an all-time high and we are deeply concerned about the challenges that survivors go through. As a result, we have identified a safe house in Kapsisiywa that is under renovation. Once complete, survivors of sexual and gender based violence will be accorded psychosocial support and ensure they become active survivors rather than passive victims.

We are aware of the social tolerance and acceptance towards GBV that makes reporting difficult. Such violations critically hinges on all of us working together and ensuring we have avenues in place to handle issues like this.

As an administration, we intend to increase our capacity to prevent and respond to child abuse in Nandi. We are working on a Memorandum of Understanding with Childline Kenya in ensuring

child rights are protected. Equality Now also came on board and agreed to provide us with technical support and capacity building for our community health volunteers, counsellors, social welfare officers and nurses. They were trained on picking up voices of the children who have been violated. We also ensure that PWDs are empowered socially and economically through provisions of necessary support from issuing them with assistive devices to training them on various topical issues.

The festivities are here with us and what better time to visit our tourist attraction sites and enjoy the sceneries. We have so much untapped tourism potential and it depends entirely on us to show the world what Nandi has to offer. As we make merry with our family and friends, Let us do so in safety because the Covid-19 pandemic is still here with us. May the Joy and peace of Christmas be with you all through to the New Year.

Happy Holidays!

WISHING YOU A

Merry Christmas



As we celebrate Christmas, let's reflect on the humble, symbolic and divine birth of Jesus thousands of years ago in Bethlehem, Judea; and the message of hope, compassion, salvation, reconciliation, forgiveness and peace that Jesus Christ embodies and conveys.

I urge everyone to continue adhering strictly to the MOH guidelines to protect themselves and loved ones against COVID-19 pandemic.

Dr. Yulita Cheruiyot

Deputy Governor, Nandi County.

#StayHome #StaySafe

Message from the CECM Tourism, Culture, Gender and Social Welfare

WILSON TAIY



Nandi is immensely endowed with numerous tourism attraction sites and a unique culture that produce such great athletes.

Since getting into office, our focus has been on mapping the tourist sites with an aim of intensively marketing Nandi as the preferred tourists' destination to both local and international Community.

From the famous Nandi Rock which border Nyanza to the Chepkiit Falls which is situated a few kilometers from the Eldoret International Airport; the Kingwal Swamp home to the Sitatunga, the Bonjoge Game Reserve, Songhor Prehistoric Site and the Koitalel Samoei Mausoleum in Nandi Hills among other sites, which offer a perfect opportunity for those seeking to deviate from the norm and enjoy what nature has to offer.

We are in the process of uplifting the structures along these sites to make it easier for the tourists to access these areas while assuring safety.

Culture plays an important role in our communities. This is why we shall ensure that it is embraced, through effective participation in activities aimed at sustaining this.

Recently, our county participated in the Rift Valley Inter County Cultural festival where we scooped ten awards in the various categories. We were crowned as the Most Improved Overall. This is a great milestone and a clear indicator of the direction we shall be taking as a county.

We are calling upon investors in the Hospitality Industry to improve on their facilities so that we can have enough bed space for the visitors who come to Nandi.

We shall continue partnering with like-minded individuals both in the Public and Private sectors to see to it that Nandi takes its rightful position in the sector. The Social Welfare Department is to undertake a census to ascertain the exact number of Persons Living with Disabilities (PLWDs)

This will help us in planning for these people in order to make their

lives much more bearable through incentives and offering of assisting devices including wheel chairs and protective lotions as the situation may require. As a department we strive to do right by the people of Nandi and we are committed to delivering the promise.

Message from the CO Tourism, Culture, Gender and Social Welfare

BEATRICE CHEMURGOR



Nandi County is famously known for its athlete's prowess with most notable sports men and women hailing from here. As a Department of Tourism, Culture, Gender and Social welfare, we sought partnerships with the ministry of tourism to market sports tourism, culture tourism and agro-tourism which are areas that have not been fully explored.

This region has the most captivating views with many sights to see, wilderness to discover and warm and welcoming people. Our priority remains to develop and promote tourism products while preserving cultural heritage.

In the last couple of months, there has been an increase in teenage pregnancies and gender based violence. This daily reality for women is rarely reported to the police and we have put in place measures and avenues to ensure perpetrators face the full force of the law. We also hold mentoring sessions for our girls across the county dubbed 'Irip Gaa' that is spearheaded by our Deputy Governor Dr. Yulita.

Recently, we were privileged to host Makeni County who came to benchmark on the strides we have taken to curb GBV and teenage pregnancies. Our rescue centre for girls situated in Kapsisiywa is under construction. We will see to it that it's completed on time.

As a department we have also channeled resources towards improving the lives of People living with Disabilities. So far, we have been able to issue assistive and mobility devices including; wheelchairs, special seats and tricycles and visual aids. Governor Sang's administration also sets aside 50% of tender opportunities for Women, Youth and PWDs. For proper planning, we rolled out a census program to ensure all our PWDs are captured into the system and their needs properly evaluated.

During this festivities, let us care for each other and visit our tourist attraction sites. Merry Christmas and a prosperous 2021.

TOURISM, CULTURE, GENDER AND SOCIAL WELFARE

Mission:

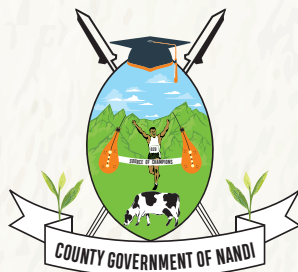
To develop, preserve and promote a unique Tourism product, cultural heritage and provide equitable services to the people.

Vision:

To be a global leader in competitive tourism, heritage conservation and community empowerment.

Objectives:

1. Implementation of national and county tourism, policies, regulation, strategies and programs.
2. Development of community based tourism programs.
3. Training and capacity building of tourist stakeholders.
4. Tourist product development.
5. County branding as a tourist destination of choice.
6. Marketing and promotion county domestic tourism products.
7. To promote, preserve and develop county's culture for sustainable development.
8. To provide enforced policy and framework for cultural to facilitate quality service delivery.
9. To promote county cohesion appreciation and tolerance of cultural diversity.
10. To mobilize resources for cultural development.
11. Social protection
12. Guidance and counselling
13. Rescue, reform and reintegration of conflicted individuals
14. Emergency response and Disaster Management
15. Community development and mobilization



COUNTY GOVERNMENT OF NANDI

CULTURAL DAY *Celebrations*



26TH DECEMBER

Increasing awareness on the importance of diversity
of cultural heritage
and preserving it for the generations ahead

For more information or enquiries call **1548**

Nandi county

Nandi County is famously known for its athletic ability hence 'the source of champions'. It has the potential of offering the tourism sector just as much if not more than Kenya's known tourist attraction sites. Nandi boasts of its spectacular and distinguishing landscapes, cool highlands climate and lush green vegetation cover courtesy of sprawling tea estates. Here, its undulating hills and valleys make very stunning scenery.

Tourist attractions sites

CHEPKIIT WATER FALLS

Waterfalls are a sight for sore eyes. The sound of the water as it drops to the foot of the cliff and the breeze that comes along with it is so breathtakingly beautiful and peaceful. Which is why when considering a trip, Chepkiit should be at the top of your mind.

The Chepkiit Water Falls is located in the Kipkaren River, Lelmokwa/ Ngecheck Ward. It has four viewpoints that give you a beautiful perspective of the river. There is so much you can do in this scenic site from bird watching to photography

The site has scenic views of the hills, overhanging cliffs and indigenous forest. We also have the little known Kapchepkuk in Mosop and Tindinyo in Emgwen.





KINGWAL SWAMP

This is an idyllic swamp that is home to the rare sitatunga amphibious antelopes. The swamp is situated between Kosirai and Chepterit and is fed by the Keses River while the Kingwal River drains it out towards the west. The sitatunga population here is one of the largest. This species is a rare semi-aquatic antelope that has webbed feet adapted for walking on the swampy conditions. The sitatungas are extremely shy so the chance of spotting them is extremely rare, even with the help of a local guide. The antelopes spend most of their days submerged in water, with only their muzzles sticking out. They emerge during the night to feed on the soft reeds and grass.

The County Government under H.E Governor Stephen Sang Government administration enacted the Law of protection of Riparian Lands in Nandi County to protect such areas.



KIPLLOK SPRINGS

K*iplolok* is a Nandi word for bubbling. Spread over a 3 acre piece of land, Kiplolok consists of numerous springs with salty lime water.

It is believed that the springs came into existence after a ritual was performed by Maasai community warriors after losing a battle to their rival community. They murdered one of their initiates who had a kind of special human hair referred to as "songonyet". They then buried his remains on the piece of land.

Water from the springs is used for domestic purposes except cooking because of its lime component which changes the taste and even the color of food. It can ferment milk if it mixes.



KAPSIMOTWA GARDENS

Kapsimotwa Gardens is a serene and secluded site located in Nandi Hills. The gardens full of color flowers in the most vibrant shades of reds, pinks, purples, yellows, and whites, was established in the late 1950s as a community leisure retreat where locals and callers to Nandi Hills can be one with nature.

Serene pools and dams dot the gardens which is now a popular picnic site.



KOITALEEL SAMOEI MAUSOLEUM

Still in Nandi Hills is the burial site of the renowned Nandi seer Koitalel Arap Samoei. Koitalel Arap Samoei a supreme chief of the Nandi people of Kenya, who led the Nandi rebellion against the British colonial rule. When British colonials began building the Kenya – Uganda Railway through the Nandi area, he led an eleven-year resistance movement against the railway.

The facility attracts learners and tourist from all over the country who are eager to learn about the man who led one of the longest resistance in Africa and the Nandi culture.



NANDI ROCK

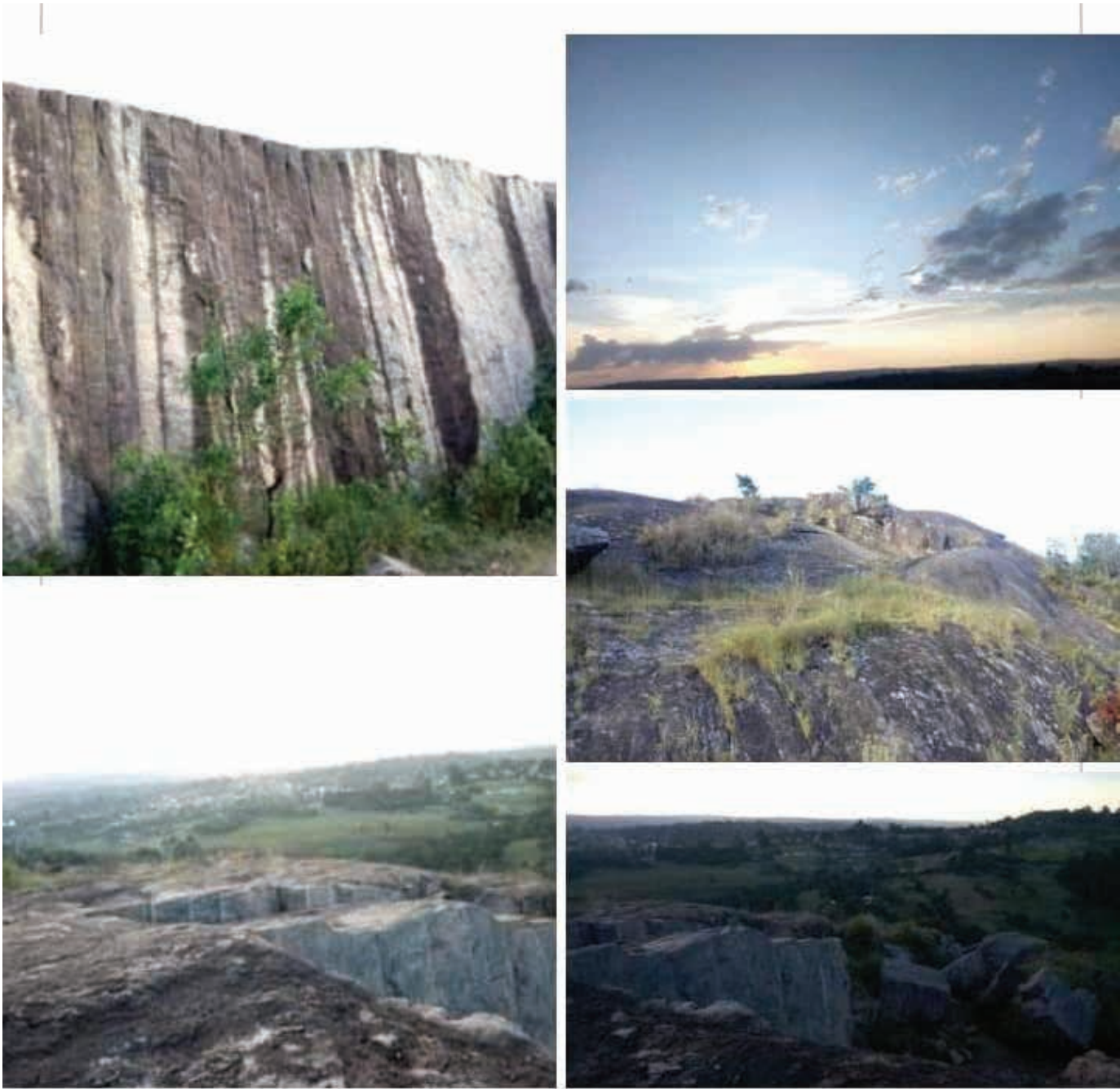
The site is located in Nandi South area along the Kisumu and Nandi border. It is located 19km off the main highway at Kabuji onto a murram road. The identified site is 15 minute walk from the KWS station and offers magnificent views across the plains and to Lake Victoria and its surroundings.

It is an elevated rock outcrop on the escarpment that gives visitors a good vantage point from which to see the surrounding beautiful landscape that includes the Nyando Valley, the many hills that make up Nandi and the sugarcane plantations below on the Nyando sugar belt. It is a popular destination for many hikers and trail walkers. The County is seeking a strategic investor to further develop the area and stretch out a glass vantage view point with a modern restaurant and camping facility.





NGABUNAT WATERFALLS AND CAVES



KABIYET ROCK

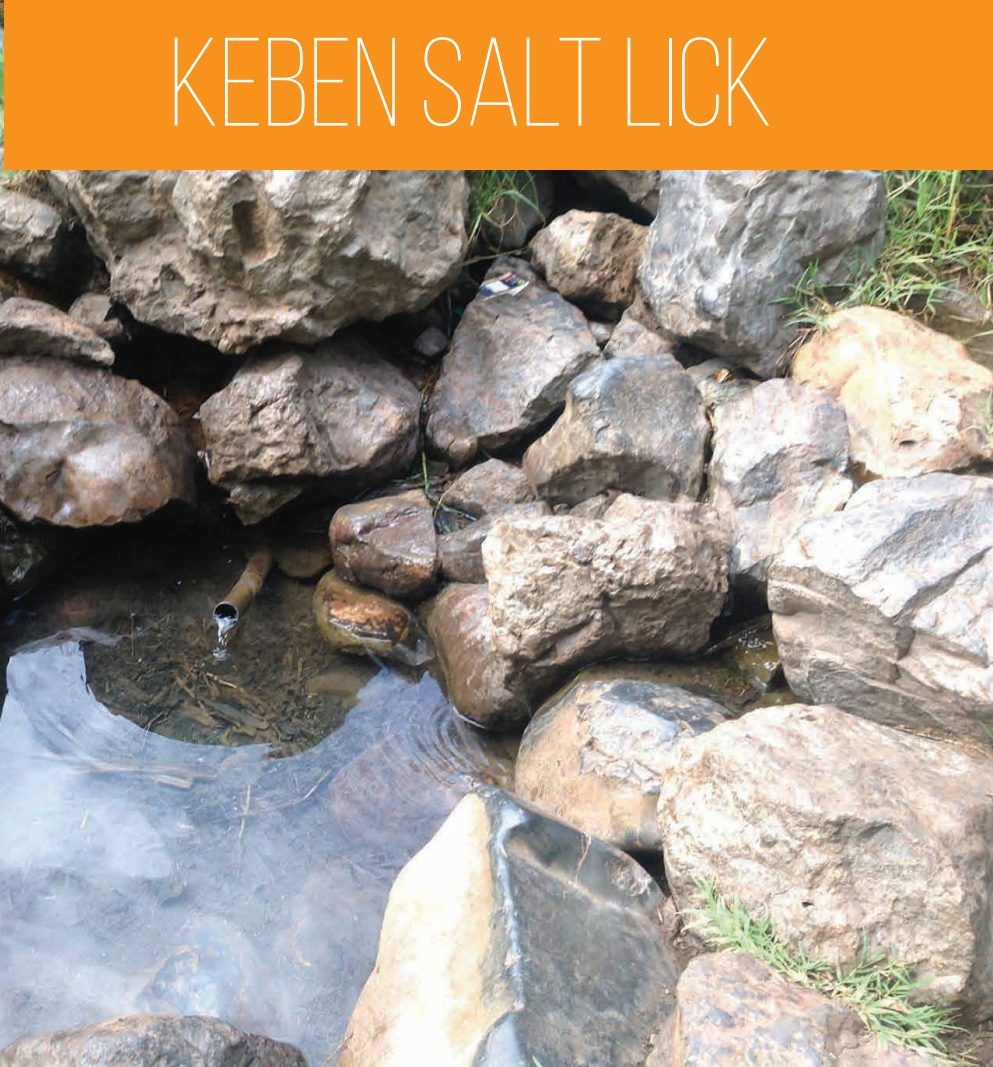
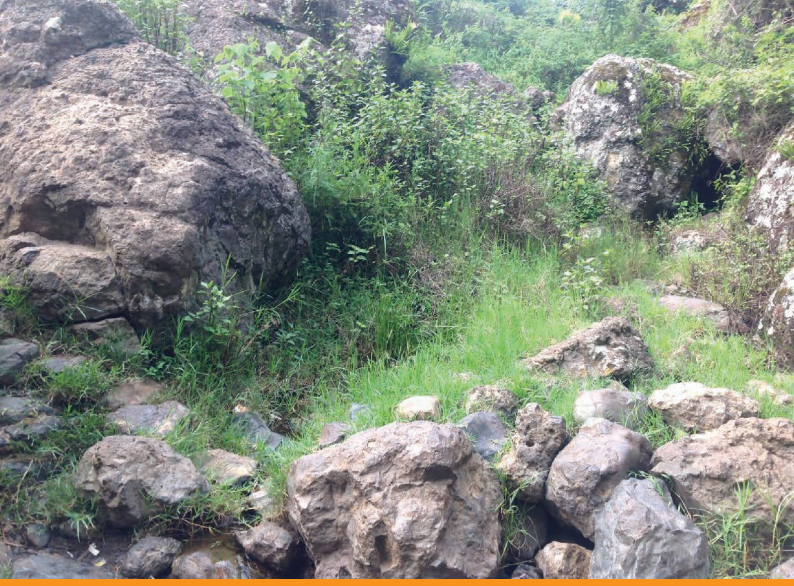


Image Courtesy of Ventes Ventures

SOUTH NANDI FOREST



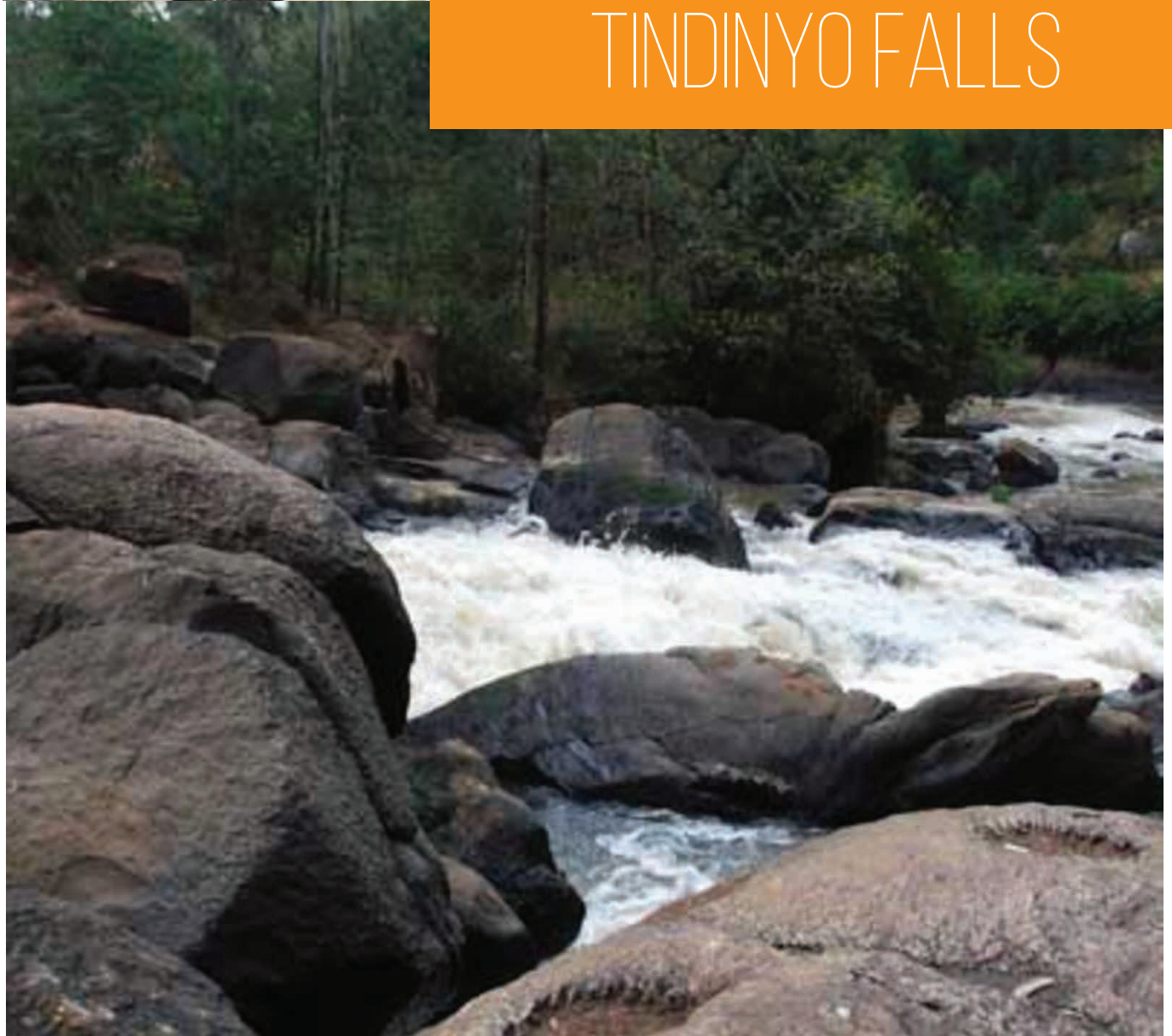
SHEU MOROBI CLIFFS

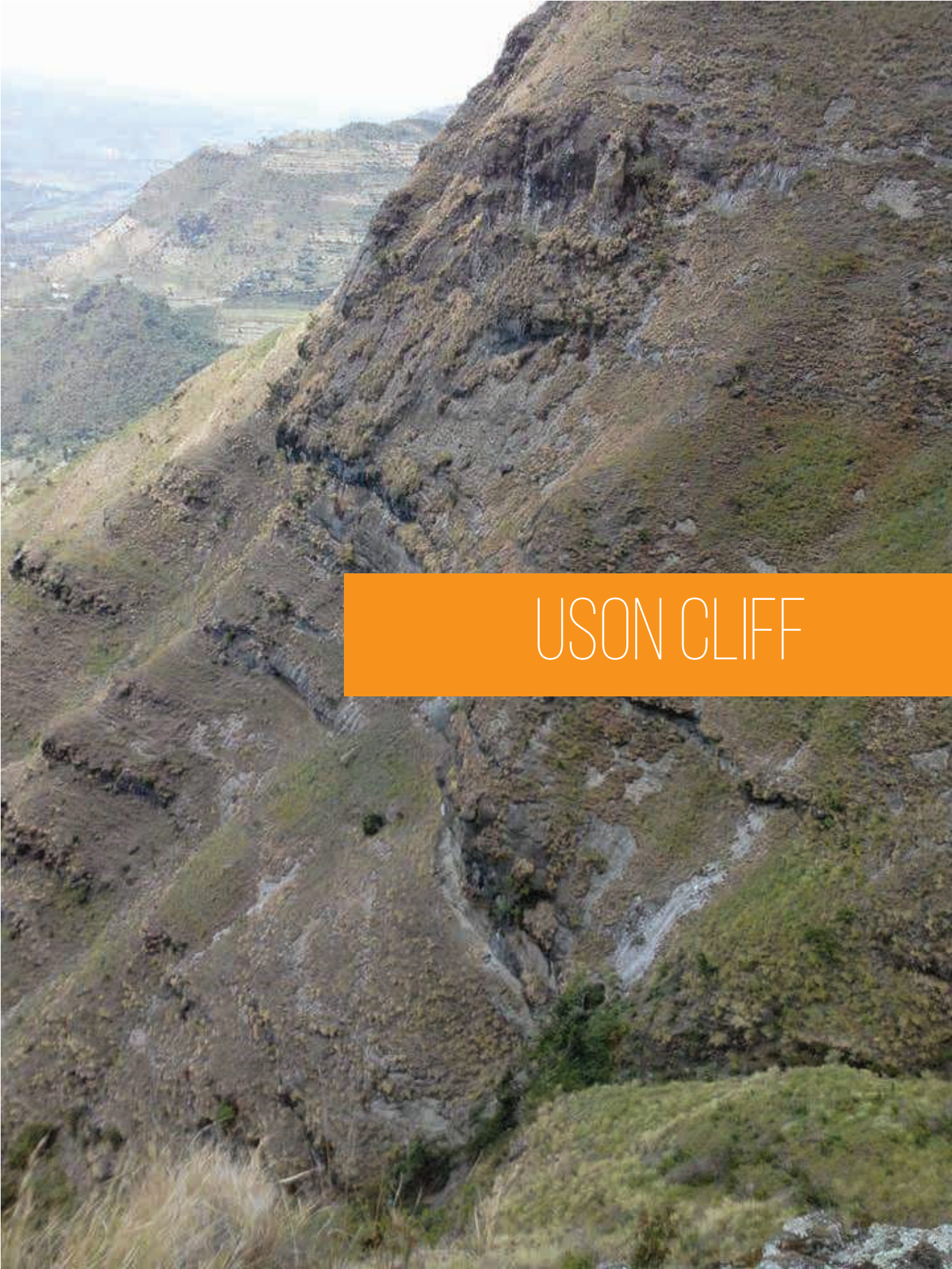


KEBEN SALT LICK



TINDINYO FALLS





USON CLIFF



USON HILL



CHEMELIL HILL



CHEROBON HILL

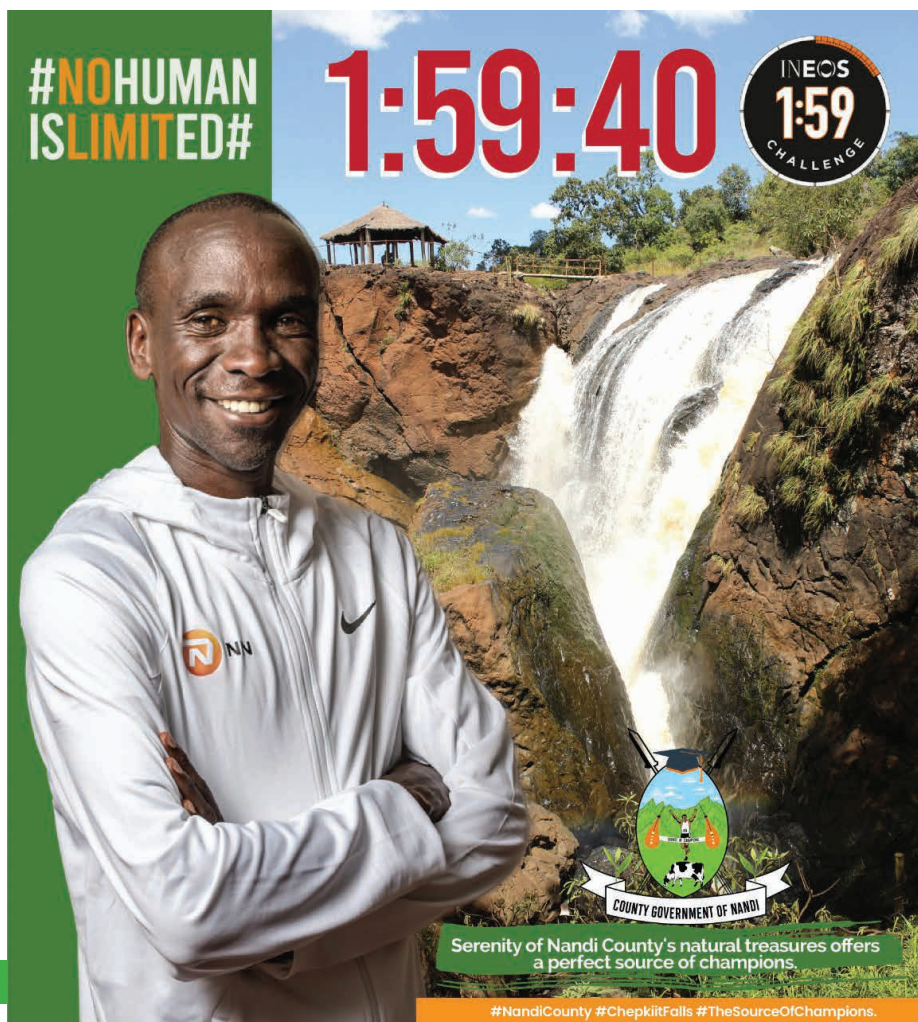


TINDIRET FOREST

Sports TOURISM

The County of Nandi is unchallenged for being the source of World Champions in athletics such track and field athletics, it boasts of numerous World Champions, who have conquered the world.

Eliud Kipchoge



From 800M world champions to Steeple Chase. The athletes hail from the little villages like Kabirsang, Mosoriot and Ndalat; the likes of Wilfred Bungei, Janet Kosgei, Pamela Jelimo, Eliud Kipchoge; (World Greatest Marathoner to date) Robert Cheruiyot (four-time Boston Marathon), Martin Lel (London Marathon Champion) among others.

Nandi County plays a host to a couple of athletic competitions and events that attract regional, national, and international visitors who travel to participate or spectate.

These events can be used as an opportunity to Market and Promote Nandi as a Tourist Destination by partnering with Event organizers to promote the various attraction sites in the County. Diversification in sports is more than just participating in the Marathon to win and to get financial rewards, it's also a unique Tourism product.

We have unique products and drinks i.e., famous Mursik, most foreigners admire to come and drink thinking it gives the athletes energy to run.

The unique terrain, environment, and hospitality of the Nandi people will make most visitors admire and stay longer in Nandi.

Department of Tourism, Culture, and Social Welfare aims at partnering with host camps to promote their uniqueness in the sports industry.

Former CO Tourism Beatrice Jemurgor said the unique serene environment in Nandi promotes athletes to conquer the World.

Talai

CLAN

The Talai clan of Nandi was well-organized, influential, and was relied upon for its leadership in the wider Kalenjin community.

Leadership



The members of the Talai clan are believed to have originated from one of the Maasai-Lota family clans of the Oloibon, and dates back to the mid-1800 during the Nandi-Masai wars.

They have the same ancestral lineage as OLONANA (Lenana,) Mpatian, and Senteu (Sendayo).

The clan is loved and feared on equal measures among the Kalenjin



and neighboring communities.

Their fear dates back to the colonial administration that got them out of their homes in Nandi and Kericho District and took them to the parts of Nyanza for opposing the British rule.

However, Local Kalenjin clans still treat the Talai with contempt and fear, and talk of incidence that make them fared.

It had the powers to foresee and even predicted the coming of the white man long before the Nandi resistance.

Historians say Kipnyolei Trugat, who was father to Nandi legend Koitalel Arap Samoei, warned Nandi elders that he had seen a "metallic snake" crossing over from Mombasa to Kisumu – implying the Kenya-Uganda railway.

The clan, through Koitalel, later waged an 11-year resistance against the colonialists before he was killed and the clan subdued in 1905.

Despite the defeat, the clan still stands tall today through admirable achievements.

The Orkoivot occupied a special role within the Nandi and Kipsigis people of Kenya. He held the dual roles of chief spiritual and military leader and had the authority to make decisions.

The Talai Clan is a widespread Kalenjin Clan among the origin. Talai Clan is made up of known families, the Kapturgat, the Kapsogon, the Kapmararsoi, and the Kapsonet. It is believed to have possessed mystic powers and whatever they handle and bless or curse always come to pass.



Daniel Songok, a member of the Kaptumois clan, remembers with nostalgia an incident in the late 1990s when a calf belonging to a Talai Farmer was stolen minutes after it was calved.

"A known village thieves suspected of the calf was struck to death by lightning as he went to find out the status of the animal at the hideout at night", Songok said.

Kapsabet School for THE DEAF

There are many organizations in Kenya made to protect the rights of Kenyan Deaf Education. It is estimated the deaf community of Kenya is 600,000.

Education



Deaf Education in Kenya is a constantly changing section of the Kenyan Education system that is focused on Educating the deaf, hard of hearing, impaired Kenyan Students.

There are many organizations in Kenya made to protect the rights of Kenyan Deaf Education. It is estimated the deaf community of Kenya is 600,000.

With a population of around 340,000 speakers. KSL acts as the primary mode of communication for over half of the deaf Population.

Kapsabet school for the Deaf was started by the African Inland Church in the 1980s by Andrew Foster who visited Kenya while on transit to Nigeria.

Kapsabet school for the deaf is a public primary school located in Kapsbet Emgwen Constituency. It is a day school for both boys and girls that caters to special needs. Learning is carried out through a Kenyan Curriculum.

Deaf volunteers from ICS VSO have always partnered with Kapsabet school for the deaf to advocate for deaf rights, and to encourage the people of Nandi to rethink about disability.

Nandi society has a lot of

misconceptions about disability and it's always seen as a curse in families. thinking that there is no hope for them in traditional schools, where they can't understand their teachers, parents often keep them to do the housework.

ICS volunteers help ensure to Kapsabet school for the deaf has special education needs that can access the schooling they deserve.

In order to ensure that the students from the school also shift their interests to technology, the county government of Nandi through the subsector of ICT and Social Welfare partnered with Huawei and National Fund for Disabled Kenya did an assessment and identified the possible areas in helping the institution.

During the visit, Mr. Edison Xie Yi said that the institution is going to receive special tablets for digital literacy skills training.

The team from the National Fund for Disabled Kenya (NFDK) also promised to support the institution by improving the infrastructure and provision of assistive devices.

NFDK recently supported St Martin's Home for the Physically Challenged in Kobujoi and Highlands School in Tinderet.

Speaking in a meeting with the visiting team, the Governor, H.E Stephen Sang said that he is looking forward to such partnerships whose initiatives and programs have a direct and positive impact on the citizens of Nandi County.

"Let us embrace disability as a Communicability because disability is not inability".

The King Solomon GARDEN

County Government of Nandi is on the verge of partnering with amazing, beautiful, and mind-blowing tourist attractions within the county.

Serenity



Through the Department of Tourism and Social Welfare, the county has partnered with the King Solomon Garden, located along Eldoret - Kapsabet Road.

The garden is known for teetotalers whereby families look for an eco-friendly place that can accommodate them and their children.

King Solomon has a breathtaking space and fresh air, this is due to the amazing and indigenous trees that are currently going to extinct in Kenya.

Abraham Mutai, the proprietor of the garden says he realized that people wanted a quiet place to relax where alcohol is not sold.

He planted exotic and ingenious trees and flowers on the five-acre piece of land and in 2011 he opened it to paying customers.

At the garden, it is a sensory overload that one would want to be sober to take it all in.

The garden now attracts people who come for birthday parties, bridal showers, baby showers, engagement, and office parties.

It has also become a popular venue for the conservatives or religious groups who visit to hold retreats or conferences.

To turn the empty garden into a spectacular space, Mr. Mutai hired a retiree of Kenya Forest Service who did the landscaping and sourced various plant species grown in the garden.

He planted Nandi flame, Bishop wood (*Boschofia Javania*), Schevrella, *Olea Africana*, Australian Flame tree, *Syzigium Guinense*, *Alibizia gummifera*, *Podocarpus Milanjanus*, *Bombax Rhodognaphalon*, *Marklamia Lutea*, *Olea Welwitsch* (Elgon Teak), *Podocarpus Gracilian*, whistling palm, and cypress.

Get a chance and hang out at the King Solomon Gardens.

#TembeaNandi.

Persons with Disabilities

EMPOWERMENT

"Disability is not inability," people with special needs in our current society have often been misunderstood and marginalized by others.

Empowerment



People with disabilities are numerous. Inability to freely move around is the biggest challenge as it comes with physical suffering.

The county has also ensured that people with disabilities are given money to conduct their activities either as a group or individually.

This is a means to also empower them financially as they can employ themselves and others thus leading a normal life. Since many of them cannot get employment elsewhere, such opportunities are best for them.

People with disabilities face many challenges once they are identified as disabled either mentally, or physically challenged.

Inability to access government services like finances, tenders, and employment opportunities. Many are turned away because some people believe that they cannot deliver.

Tender opportunities in the county have been made favorable to people with disabilities. The current administration has made a policy that at least 50% of all tender opportunities are awarded to youths, women, and people with disabilities.

Some of these challenges they face include; their inability to access education. Schools previously constructed are not friendly to them. Many schools do not have the capacity in terms of human and infrastructure to sustain such children.

It is against this backdrop that the county government of Nandi has intensified its activities in a bid to empower them.

This move has accommodated them as many fall in these categories. This has helped them feel that the Government is concerned about them as opposed to the previous years.

As a result, they are forced to remain at home as their peers are progressing with their lives.

Provision of assistive mobility devices like Tricycles and wheelchairs is top of this initiative.

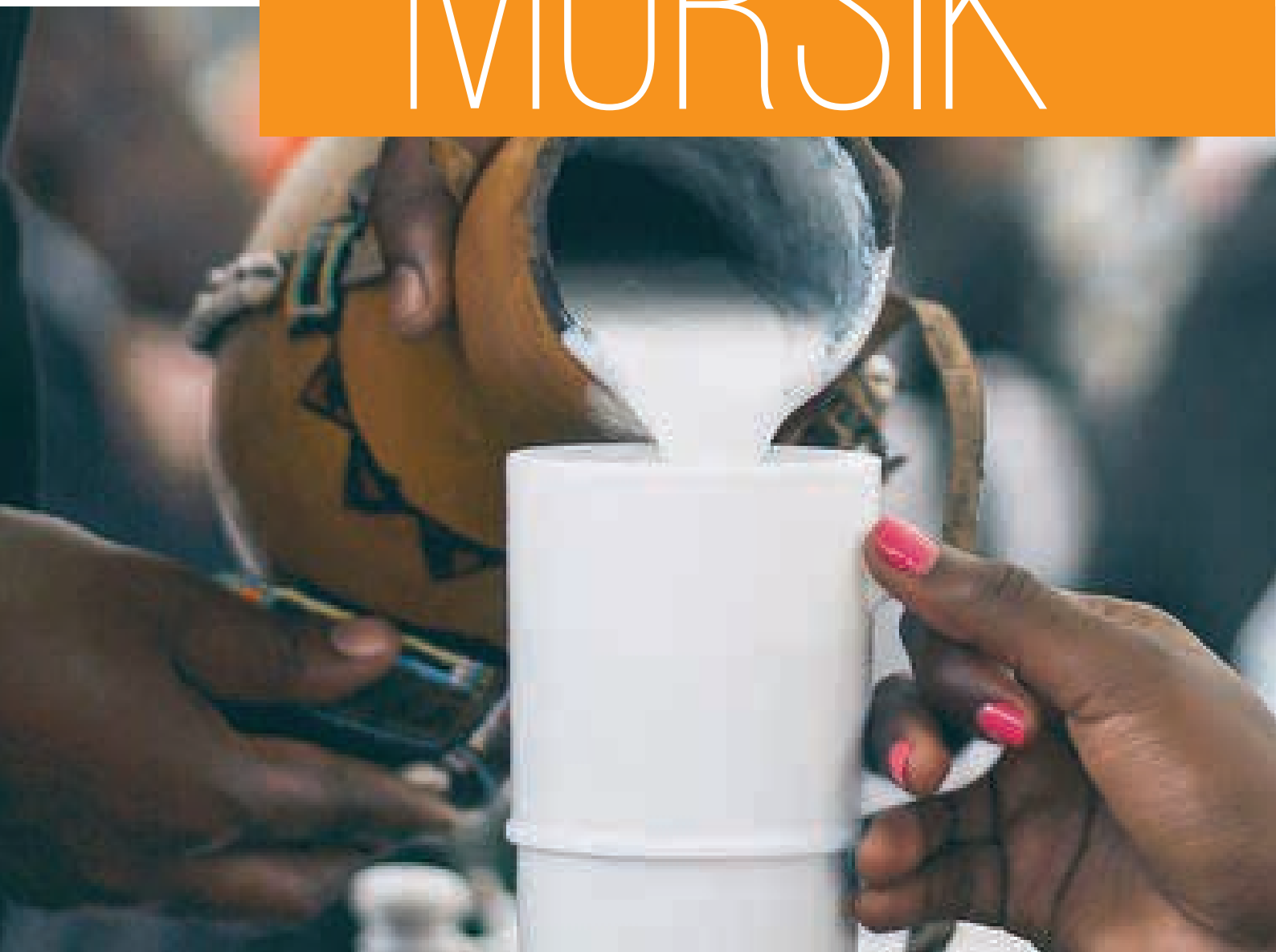
A lot of sensitization is being done all over the county to encourage people with disabilities to come forth and get assistance.

This in turn limits their access to opportunities in society. Challenges

Pumping resources to schools that cater to such people is also another move taken by the Government. This will improve their ability to develop themselves and access basic services.



MURSIK



Traditional food

IN NANDI COMMUNITY

Nandi favorite meat is roasted goat meat, beef or chicken/while their popular beverage is "mursik", a fermented whole milk that is stored in special gourd (sotet) prepared using itet (selected stick).

Mursik

The Nandi are part of Kalenjin ethnic group found in East Africa. They traditionally lived and form majority in highland areas of the former Rift Valley province in what is today Nandi County. They speak the Nandi Dialect.

Ugali; a meal made of cornmeal, millet or sorghum is Nandi staple food and they also cook vegetable such as isakiat, sochot, chepkarta" to serve with ugali. Nandi favorite meat is roasted goat meat, beef or chicken/while their popular beverage is "mursik", a fermented whole milk that is stored in special gourd (sotet) prepared using itet (selected stick).

"Sotet" is the Heart of Kalenjin community especially the Nandi sub tribe and to preserve them

culture they use it to serve their fresh milk (keanik) and mursik. Mursik is a traditional milk that is an integral part of the Nandi culture and heritage. Mursik started way back more than 300 years old as a way of preserving milk.

"Mursik" is traditional fermented milk made from cow or goat milk and is fermented in a specially made calabash (sotet). The sotet is lined with soot from specific trees (itet) which is burnt and inserted inside to give an appealing taste ready to be served when chilled with ugali.

"The Nandi people believed that the burning stick (itet) added to the milk strengthens the bones and is one of the reason why the community feeds to their local runners. This has been taken to be a secret behind the endurance and their speed.

Mursik is also used in feeding breastfeeding mothers as it is

believed to restore energy in the body of the mothers and infants.

The Nandi people also believe that Mursik is used to restore lost appetite especially among the sick persons and in the provision of body building substances that help the person to get back to normal condition. Mursik contains fewer calories or fats makes one physically fit. This adds to the secret behind the common appearance of the majority being slender.

Department of Tourism Culture and Social welfare promotes indigenous culture of Nandi by letting the whole World Learn about our Tradition and the "Sotet" brands the County as it is part of the logo of County Government of Nandi. Mursik has been embraced for years by the Nandi Community and it has been used as a form of identity in cultural events and athletic championships.





TRADITIONAL DANCE



Nandi Supports

WOMENS' EMPOWERMENT

Nandi County joins the Country and the World in celebrating International Women's Day commemorated on 8th March of Every year.

Women Rights



In an event, held at Kapsabet showground, this year's theme "I am a Generation of Equality" realizing women's rights brought together women leaders, groups, and fora from the entire County.

Among issues ironed out in this event included advocacy for two-third of gender rule, social and economic empowerment, fight against gender-based violence, and support for people living with a disability.

Speaking during the event, Nandi County Deputy Governor Dr. Yulita Cheruiyot Mitei, congratulated women for their contributions and accomplishment in transforming economic growth through entrepreneurship, education, and even Leadership.

As she continually empowers women through the Korge Arise program, she urged them to work in groups for their social and economic growth.

She further promised to champion women's support, empowerment, and Development.

The CECM for Tourism, Culture, and Social Welfare services, Wilson Taiy highlighted that the Department through its Welfare section has always prioritized women's support, empowerment, and development.

Through its partnership with other Departments, it has achieved this through several Initiatives ranging from Training, support programs such as Inua Mama & Inua jamii, provisions of sewing machines and salon kits among others.

The chief officer for Gender and Social Services, Scolastica Tuwei added that the Department is tirelessly working to uplift the social and economic status as its journey towards recognizing and appreciated the role of women the society.



MUSEUM



Koitalel Arap Samoei

MUSEUM

The County of Nandi is unchallenged for being the source of World Champions in athletics such track and field athletics, it boasts of numerous World Champions, who have conquered the world.

LEGENDS



This museum was instituted in commemoration of Koitalel Arap Samoei, a traditional and highly influential spiritual leader of the Nandi sub-tribe.

Incorporating the mausoleum of this great national hero, the center is now a display of the cultural heritage of the larger Kalenjin community.

The mausoleum situated 20km on the road to Kaptumo, standing tall in the compound are also two huge fig trees, one of which is believed to have grown more than 100 years ago. Next to the museum are two grass thatched-huts or Kota ab GAA, complete with Kalenjin regalia and names of the community's main events.



TRADITIONAL HUT

Nandi Tourism

CYCLE CIRCUIT

Nandi County prioritizes its Tourist Product and recreational activity and this can be used to offer direct employment to members of the community and promote youth and women Enterprise programs.

Tourism

The Department of Tourism, Culture and Social Welfare plans to hold an inaugural cycle event in Mosop Sub County to diversify this product by offering to and promote rural Tourism among other accruing benefits.

Nandi County prioritizes its Tourist Product and recreational activity and this can be used to offer direct employment to members of the community and promote youth and women Enterprise programs.

By building cycle rental shops, which will be owned and run by vulnerable groups within the community and leased to Tourists and interested Parties at a fee to earn them income.

Cycling Routes in the sub-counties will comprise of both Tarmac and all Terrain Roads. Nandi County is enriched in Tourism Products led by H.E Stephen Sang they intend to achieve in Tourism and make Nandi a place to be.

"We need to champion charitable Events and fundraise for the less privileged in the society in collaboration with other social welfare programs in the Department," said, Sang.

Cycling Events can be enjoined with other youth Rehabilitative programs to engage and dissuade them from destructive habits and revive drug abuse through innovative competitions.

"Together, as County Government of Nandi Tourism is A priority".



Kipchoge's Win Spurs **SPORTS TOURISM**

The victory by Kenyan marathoner Eliud Kipchoge affirmed Kenya's prowess as a nation of champion athletes.

INEOS

Nandi County, the home of the World's fastest human being Eliud Kipchoge, is located in a tiny corner of Kapsisiywa

Location where most of her world-beating distance runners hail from, it is the perfect location for a unique and exceptional athletics experience. Offering top expert coaches like Patrick Sang and a supportive group of runners including some of the best-known names in long-distance running, it is a venue guaranteed to offer you

not only the running holiday of a lifetime but leaves you breathless.

Run alongside Nandi athletes for a hair-raising as you train in endless dirt trails with majestic views across the Great Rift Valley. Immerse yourself in the unique culture among the Nandi communities in the Rift Valley that makes them produce such great athletes.

Visit, Chepkiit Waterfalls, the Nandi Rock, and the historic Koitaleel Samoei Museum and Sheu.

Kapsabet, a quiet rural town in the Great Rift Valley, is known as the 'The Source of Champions' has become increasingly attractive to foreign tourists.

Our county's impeccable weather conditions, which favor long-distance running, have drawn professional athletes from the national teams of Turkey, Qatar, Bahrain, China, and Great Britain, among others, who have all serially pitched camp in Nandi County in search of the "Eliud Kipchoge" magic.



Disability IS NOT INABILITY

Harrison Kariuki is a 30 year old man who was born Deaf. He is married to one Daisy Jeptoo who is also Deaf. They are blessed with a handsome son called Gianni Muchiri. The journey of Harrison Kariuki all started when he was Very young, he couldn't hear and his parents first took him to an ordinary public school, after some time they realized their son was different and later enrolled him to a deaf Elementary School. Harrison has completed the 8-4-4 system.

HARRISON KARIUKI



Harrison Studied Diploma in Special Education at the University and after finishing he came to Nandi specifically to the Kapsabet School of the deaf where he taught Geography and Kenya Sign Language. While there, he applied to be an ICS volunteer because he wanted to gain more experience and learn from peers.

Volunteering Service Organization gave Harrison an opportunity to be trained in different skills. During his volunteer journey he was able to observe and apply advocacy skills on how to engage positively with team leaders. Harrison's journey actively as a VSO gave an opportunity to secure a job in the Department of Social Welfare Nandi County. He is currently the Social Development officer, and the Vice Chair of youth Sustainable Development (YSD) Nandi Chapter and an Active member of Nandi deaf Inclusive Neighborhood Spaces (NIS).

He is currently advocating for the deaf Community to be included in the County Assembly Proceedings by hiring a sign language interpreter to bridge the gap.

With the Pandemic Harrison acts as a Messenger through Nandi County TV, where he directly talks to the deaf Community so as to enable them take precautions and ensure their safety amidst the uncertainty.



BIRDS OF NANDI





Advocating for CHILD PROTECTION

Nandi County Partners with Childline Kenya In Advocating for Child Protection.

Children rights

High-quality child care keeps children safe and healthy. This care and protection is key in their growth and is therefore everyone's responsibility to enhance a safe and conducive environment for their well-being.

The county government of Nandi is committed to providing a conducive environment for the care, protection, and growth of children to achieve their potential in life.

It's putting in many efforts especially in creating awareness on child protection and reducing their vulnerability, especially during the current long academic breaks. It is also partnering with different agencies to ensure their safety of the Children is enhanced.

Given this, today the county government signed an MOU with Child-line Kenya on awareness creation of child protection services. Childline Kenya is a National Non-governmental Organization whose mission is to promote children's rights and enhance child protection in Kenya.

It also focuses on building the capacity of children and their guardians in advocacy on child protection as well as identifying and reporting the various cases of all forms of child abuse.

The same will also be achieved through the county toll-free call centre 1548 where the public can report any cases at any time and will receive a prompt response.

Besides providing a safe environment for children, the public is therefore called upon to be vigilant about any arising cases of child abuse and report them.



Empowering the GIRLCHILD

The Department of Tourism Culture, Gender, and Social Welfare in Partnership with 'Irip Gaa' Foundation Group of Ladies drawn from the entire North Rift, together visited Tindiret Constituency Soghor / Soba Ward to talk to the girl child to raise their voices, and to empower the young girls of Tindiret to dream of what they wish to achieve in life.

Girlchild



The Department of Tourism Culture, Gender, and Social Welfare in Partnership with 'Irip Gaa' Foundation Group of Ladies drawn from the entire North Rift, together visited Tindiret Constituency Soghor / Soba Ward to talk to the girl child to raise their voices, and to empower the young girls of Tindiret to dream of what they wish to achieve in life.

Nandi County has had one of the highest Teenage Pregnancies during these Covid- 19 Period, and due to these the County Government has laid down measures to curb this menace, and together with 'Irip Gaa' they will achieve.

Irip Gaa, are a group of Professionals Led by Cabinet Secretary Lands Farida Karoney, Deputy Governor Yulita Cheruiyot, through this initiative they came up with Mentorship Programs for the girl child and to

support them mentally, spiritually, and Morale Support.

With them, they took Sanitary Pads to support them and teach them the importance of avoiding early Pregnancies.

"Nothing comes on a silver plate but requires hard work, commitment, and self-control. I want to encourage each one of you to maintain a high level of esteem to beat and achieve your goals and dreams," said Ms Karoney.

The DG asked the girls not to be lured for sex in

exchange for sanitary towels or any other need they want.

"You should never allow anybody to lure you into something you don't want, you have a bright future ahead for yourselves, don't ruin it by getting Pregnant," DG, Dr Yulita said.

Chief Officer Tourism, Culture, Gender, and Social Welfare Jemurgor advised the girls that Education is the best weapon and equalizer in society and that they need to work very hard and focus on their dreams.

Women in Leadership, led by mentoring girls in their society, and as 'Irip Gaa' it is their number one objective. The group is expected to continue Mentoring Girls in the entire North Rift.

COUNTY GOVERNMENT OF NANDI

Save the GIRLCHILD!

COVID-19 has impacted negatively on our school going girls especially in the rural areas!

Irip Gaa Group of Ladies, together with **H.E. Stephen Sang, Governor Nandi County, Hon. Dr. Tecla Tum, Women Rep. Nandi and Hon. Julius Melly, MP for Tindiret** will have a one on one chat with the Nandi Girl on:

Saying No to Teenage Pregnancy | FGM | Early Marriage | Saying Yes to Excellence!

28th November, 2020 | 9:00 am

VENUES

Tindiret:
 Kapsimotwo Ward - AIC Church Chebarus
 Chemelil Chemase Ward - FGCK Kapkuong
 Singhor Soba Ward - AIC Church Maraba
 Tindiret Ward - AIC Church Taptengelei

Aldai:
 Terik Ward - Kapkare PAG church
 Kabwareg Ward - Bonjoge AIC church
 Kemeleo Maraba Ward - Kemeleo Vocational Centre
 Kabujoi Ward - Kibwareng PAG Church
 Kaptumo Kaboi Ward - Kaptumo Social Hall
 Koyo Ndurio Ward - Koyo ACK Church

Registration at Sub County Admins office and in the respective venues

MOH Guidelines will be strictly adhered to

For more information or enquiries call **1548**

Amputees receive county government

SUPPORT

County Government of Nandi through the Department of Tourism Culture, Gender and Social Welfare dispatched the final fitting of both above and below the knee amputee's prosthesis. 15 beneficiaries drawn from across the County received the support in an event that was officiated by the Governor Stephen Sang at The Kapsabet County Referral Hospital (KCRH).

PWDs



Medical assessment, offering assistance in the acquisition of NCPWD identity

Cards, providing assistive devices such as special seat wheel chairs, Tough rider wheelchairs, business tricycles, walking canes, hearing aids, white canes, elbow crutches and prosthesis legs every year were some of the activities at the KCRH.

The office has been working tirelessly in partnership with National Council of Persons with Disability and other partners in carrying out medical assessment. In this financial year, it has been done in Kapsabet School for the Deaf, Chemelil/Chemase, Terik, Kapkangani and Chepkumia Wards.

Last financial year 2017/2018 the department allocated funds worth 2.5M for the purchase of assistive

devices and that has been met. Towett, the former chief officer for social welfare underlined the County Government's commitment in ensuring that the welfare of the People Living with Disabilities is well taken care of.

Celebrating sports women **IN NANDI**

The greatness of a people is manifested in their sports excellence. True to its slogan, "The source of champions," Nandi County is known for producing gallant Legendary men and women who excel in sports from field events to athletics. Women are part of the large sports excellence in Nandi and its story cannot be completed without them.

Pamela Jelimo



Pamela Jelimo, a great woman who is born and bred in Nandi dared to challenge the world of sports through her splendid and unheralded prowess in athletics. She is a record holder of many events including being the first Kenyan woman to ever win an Olympic gold medal and the first Kenyan to win The Golden League Jackpot. She achieved a feat by winning the Beijing marathon at an early age of 18.

Another woman close to Jelimo is Janet Chepkosgei, a legend in her own right who has smashed and set records all over the globe and

her name is well engraved in the hearts and minds of athletics lovers. Her historical win in Osaka, Japan Olympics is unforgettable where against all odds, she emerged the winner beating her competitors who are seasoned runners.

The county government supports such talents especially among women and motivate them to fully flex their potentials and climb the ladder of athletic excellence. Empowerment of sports women shows the government's commitment in supporting them.

Athletics is not the only sport that women Nandi excel at. Nandi has produced many unsung heroes who have gone international to

become professionals in their careers. The county government has always intended to help sports women in molding a career out of a sport. It is slowly realizing this by establishing a sports camp where they can be mentored.

The county has lived up to the spirit of creating heroes out of talents and capabilities of its population. Women who had been previously overlooked are now seeing the light and their stars continue becoming brighter as they aspire to be counted among legends of sports. Sports is certainly the undisputed heritage of the people of Nandi men and women.



TEA

Agro-Tourism

IN NANDI

Agro tourism is an emerging sector of tourism whose development can greatly transform the economy of Nandi County.

Cash Crops



environment that the county prides itself in.

Plantations combine with many natural and planted forests across the county gives it a breath taking sight that is comparable to a green carpet.

The green matter that is profound in Nandi is the basis upon which its Agro-tourism is grounded. The cool environment coupled up with many tourist attraction sites scattered across the county makes it one of the most attractive places to visit in Kenya.

Anyone touring the county will surely get a unique life long experience on how agriculture and environment come in harmony, blend and effortlessly give a unique geographical landscape.

Nandi County is well endowed with conducive weather conditions that allows its population to practice agriculture that is diverse and all rounded. Traversing through the county, one will realize a wide range of crops that defines Nandi as an agricultural of the county.

Tea plantations in Nandi hills and Tinderet Sub-counties form the major tea growing zones with

numerous tea factories. Some of them include Kapchorua, Nandi Tea, Dikoisagat and Mbogo Valley.

All of them contribute in tea processing and exportation. Nandi, being in the great rift has many hills upon which these tea plantations seat. This gives a wave-like green belt impression.

Beautiful scenery of the many tea plantations across Nandi gives the county a magnificent look that defines it. The attractiveness and splendor forms a serene natural

Childline Kenya

PARTNERS WITH THE NANDI COUNTY CALL CENTRE

A team of Childline Kenya led by their board chairperson George Okado, visited the Nandi Call Centre who will be a Key strategic partner going forward.

The Call Centre



The County Government of Nandi established a toll free call center to ensure public access to Information and improve service delivery. The call centre offer services including: Artificial insemination, agricultural extension services, NHIF, emergencies and any inquiries concerning the

county government. Nandi County is one of the Counties practicing open governance as a way of ensuring there is effective citizen participation.

In order to provide a reliable, all inclusive - local platform where issues concerning child rights and protection are reported and addressed, we are working on a memorandum of understanding

with child line Kenya to explore possible areas of collaboration as we strive to maximize our capacity to prevent and respond to the cases of child abuse.

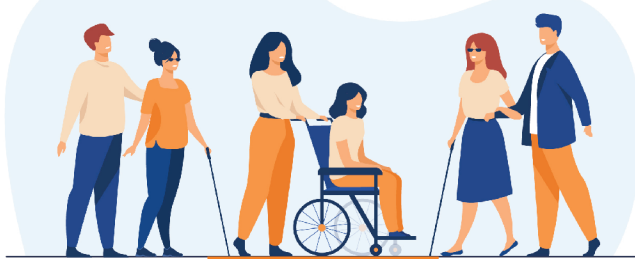
The Nandi call center Agent doubling up as a Counsellor who will address such cases within our county using the National and the local language.



COUNTY GOVERNMENT OF NANDI

International Day of

PERSONS WITH DISABILITIES



3rd DEC. 2020

THEME:

Building back better: toward a disability inclusive, accessible and sustainable post COVID-19 World.

Thank Volunteers for their action and showcase the impact of volunteering during the COVID-19 Crisis.

For EMERGENCY or enquiries call 1548



COUNTY GOVERNMENT OF NANDI



UN WOMEN
United Nations Entity for Gender Equality and the Empowerment of Women

16 DAYS OF ACTIVISM
AGAINST GBV



Gender Based Violence

MISCONCEPTION -

Women who stay in violent environments do not want to leave.

FACT -

Perpetrators of violence use manipulative tactics that make it very difficult for women to leave.

Join the Campaign to end Gender Based Violence #EndGBVAfrica

For EMERGENCY or enquiries call 1548



COUNTY GOVERNMENT OF NANDI



UN WOMEN
United Nations Entity for Gender Equality and the Empowerment of Women



16

DAYS OF ACTIVISM
AGAINST GBV

EARLY MARRIAGES CAUSE GRAVE HARM TO THE GIRL CHILD.

Early marriage denies the child a right to education, exposes them to health complications such as premature pregnancies, which lead to higher rates of maternal and infant mortality.

Early marriages also deny the child the right to pursue their aspirations and dreams and rob them of their childhood.

Join the Campaign to end Gender Based Violence #EndGBVAfrica

For EMERGENCY or enquiries call 1548



COUNTY GOVERNMENT OF NANDI



UN WOMEN
United Nations Entity for Gender Equality and the Empowerment of Women

16

DAYS OF ACTIVISM
AGAINST GBV

NO GIRL OR WOMAN SHOULD SUFFER

CALL 1548 | 24 HOUR SUPPORT

Join the Campaign to end Gender Based Violence #EndGBVAfrica

For EMERGENCY or enquiries call 1548



COUNTY GOVERNMENT OF NANDI



UN WOMEN
United Nations Entity for Gender Equality and the Empowerment of Women

16

DAYS OF ACTIVISM
AGAINST GBV



Some women do lack awareness on how to deal with the violence or do not have safe houses to escape to. Women also fail to leave violent environments due to shame and guilt, and the societal stigma of divorce.

Deaf

CLEAN UP DAY

The Department of social welfare in partnership with Red Cross together with brothers and sisters from the deaf community participated in a cleaning exercise at Namgoi Centre. This is one of the Activities done to mark international week for the deaf. Former Chief Officer Scholastica Tuwei flagged off the event and thank them for such a noble effort.

Sanitation



Deaf children in Kenya face a lot of challenges, they're often excluded from education and employment opportunities and in extreme cases, families, hide away their deaf children. Most people in Kenya have little interaction with deaf people, meaning they

have little or no awareness.

We have a number of volunteers organized to run careers day at Kapsabet Deaf school. Nandi residents have been urged to be conversant with sign language to ease communication with the Deaf. We have VSO volunteers in Kenya. ICS makes the most unique contribution to the young people and can bring to development,

passion, energy and the ability to reach other young people.

Deaf international day is celebrated yearly. It shows the recognition of the deaf community in Nandi. The County Government of Nandi has trained interpreters at the county referral hospital making it easy for the deaf community to access services.

Fight against DRUG ABUSE

County's Department of Social Welfare is partnering with VSO in the fight against Drug and substance Abuse among the people of Nandi County. The VSO is conducting a research here on matters of drug and substance abuse and its relationship with mental illness / instability.

Drug Abuse



During the Report submission on status of the County in Drug and Substance abuse, VSO and ICS called upon all the stakeholders to join hands in fight against drug abuse.

These stakeholders includes a task force from The deaf community , Public Health officers ., Mental health Team from county Kapsabet County Referral Hospital , representatives from Ministry of Education , Ward Administrators , and A

– KILI Foundation Rehabilitation Centre , Public Administration and the general public.

CECM for Health and Sanitation Ruth Koech who also attended the sensitization forum said that the drug and substance abuse has resulted into many social and health problems. She added that it is one of the major causes of Mental Health and suicide incidences,

The Department of Social welfare added that strict Legislative approaches will be applied in tackling this problems especially in handling the users.

County Government distributes foodstuffs TO VULNERABLE GROUPS

In our continued response to Covid -19, we have joined forces with other like-minded development and faith based partners to ease the socio – economic effects of the pandemic on the lives our citizens especially the most vulnerable groups.

COVID-19



Our partnership with church of Jesus Christ of Latter Day Saints gave a a donation worth 14.9 million for foodstuffs which will be distributed across all our 30 wards and 7.2 million which go towards maternal and child healthcare.

We also appreciate the input of the Water sector Trust fund who have with donated an amount

of Ksh 3.8 million in form of water tanks , soaps, face masks and capacity building for our health care workers.

Households that will benefit from these donations were identified by our social workers.

Present during the flagging off of the donations at Kapsbet High School were H.E Wesley Rotich – Deputy Governor of Elgeyo Marakwet County, H.E Dr . Patrick Saisi - Deputy Governor

Vihiga County, Dr. Dominic Biwott- Member of the Board of Trustees of the Water Sector Trust Fund AND CEO NOREB, Khumbulani Mdletshe, President, Kenya Nairobi Mission of the church of Jesus Christ of Latter day Saints.

Empowering Tailors TO PRODUCE MASKS FOR THE PEOPLE OF NANDI

County Government of Nandi trained tailors to produce masks for the people of Nandi. The Department of Social Welfare, initiated the program to assist the People of Nandi with free masks. The Tailors were selected from Groups who were given sewing machines by the County Government of Nandi.

COVID-19



Tailors drawn from all the 6 sub-counties came to Cheptarit Vocational Training centre at Mosoriot for induction.

The program is expected to run throughout these corona period with the County Government of Nandi providing them with the essentials.

The sewing machines were initially provided to them in the financial year of 2018/2019 as a way of Empowering Nandi residents. They were given capacity building trainings on how to handle Electronic sewing machines.

The collaboration between The County Government of Nandi and Rivatex Eldoret has yielded fruits where the masks will be sold to

them, and the profits will be shared among the tailors and it will be their payment.

The Empowerment program is an Initiative taken by County Government of Nandi led by H.E Stephen Sang in ensuring that the health of its people is a priority and that people of Nandi are safe.



COUNTY GOVERNMENT
OF NANDI

Activities for adolescents and Youth during corona virus period



Play indoor games

e.g Scrabble, Snakes and Ladders, etc

Help with housework

e.g Cooking, cleaning, washing and gardening



Learn how to make hand crafts, art pieces and drawing



Feed on nutritious meals; eat more vegetables, fruits and drink more water.

Set aside time to read, revise books and pray



STAY HOME Stay safe

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



IF A CHILD DISCLOSES ABUSE:



DO:

- Remain calm
- Believe the child
- Allow child to talk
- Show Interest and concern
- Reassure and support the child
- Take action and report, it could save a child's life

DON'T:

- Panic or over-react
- Press the child to talk
- Promise anything you can't control
- Confront the offender
- Blame or minimize the child's feelings
- Overwhelm the child with questions

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



YOU ARE YOUR CHILD'S FIRST LINE OF DEFENSE!

Be the one
teaching them
about **SEX** and
warning them
about
PORNOGRAPHY.

Talk to them about
body boundaries
and how to say "NO"



Begin the conversation early and
have it often.

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



PROTECTING CHILDREN FROM SEXUAL ABUSE

It is an **ADULT'S** responsibility to:

1. Educate the child in their care on Body Safety Education.
2. Become educated themselves in:
 - Grooming techniques used by perpetrators
 - Statistics on child sexual abuse
 - The signs that a child is being sexually abused
 - What to do if a child discloses.
3. Believe a child when they disclose.
4. Educate the wider community in the importance of protecting children from sexual abuse.
5. Let friends, family and those who come in contact with their child know that their child is educated in Body Safety and to respect their boundaries.



#ProtectGirlChild #PreventTeenPregnancies

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



COUNTY GOVERNMENT
OF NANDI

If a girl is sexually abused by
someone she trusts...

What will her life be like?

Victims like these are 11
times more likely to
commit suicide

**HELP ERADICATE THE SEXUAL
ABUSE OF CHILDREN BY
EDUCATING THEM ABOUT
BODY SAFETY.**

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



COUNTY GOVERNMENT
OF NANDI



STOP SEXUAL ABUSE
SPEAK UP! Report any case of sexual abuse to the authorities.

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



COUNTY GOVERNMENT
OF NANDI

STOP



STOP CHILD ABUSE
Being a child shouldn't hurt!

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



Teens and Tots: *It is better to wait!*

Why teen pregnancy prevention matters.

Children of teen mothers are more likely to be born prematurely at low birthweight.

Less than half of the mothers who have a child before they turn 18 ever graduate from high school.

Teen pregnancy is closely linked to critical social issues such as poverty, educational attainment, involvement in criminal justice and child welfare systems and more



Nearly all teens and mothers say that reducing teen pregnancy is a very effective way to reduce the high school dropout rate and improve academic achievement.

Less than 2 percent of mothers who have children before 18 have a college degree by age 30.



JOIN THE CAMPAIGNS, PROTECT THE GIRL CHILD



FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



TEENAGE PREGNANCY

Effects & Risks

- Education Interrupted
- Maternal Mortality
- Premature Birth
- Health Risks e.g. Obstetric Fistula
- Still Birth



FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



*Empower
The Kids
In Your
Care*

It's your turn to
make a difference

#NoMeansNo
#PowerOfNo

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



*Hey girl,
motherhood
can wait!*

*Your dreams
matter*

**PRACTICE ABSTINENCE.
Patience Pays!**

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



COUNTY GOVERNMENT
OF NANDI



NO MORE SILENCE!

Educate children and our community
on the importance of body safety!

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



COUNTY GOVERNMENT
OF NANDI

CHILD ABUSE PREVENTION

Ten Simple Things
You Can Do To Reduce
Child Sexual Abuse



- 1. TEACH** your child Body Safety from 2.5 years old
- 2. TALK** to other families about the importance of teaching their children Body Safety.
- 3. ASK** your child's school/kindergarten if they teach Body Safety. If not, lobby for it.
- 4. SHARE** Body Safety articles and blogs with friends/family on social media.
- 5. LOBBY** your local member to mandate the teaching of Body Safety in all schools and kindergartens.
- 6. STAY** alert to any warning signs that a child you know may be being abused.
- 7. BELIEVE** a child when they disclose abuse-your initial reaction is crucial.
- 8. PROMOTE** conversations about body safety in your community- so we are all looking out for children.
- 9. FOLLOW** organisations protecting children from sexual abuse on social media - they need support.
- 10. SPEAK** up about child sexual abuse- perpetrators want us to be silent so their secret remains hidden.

#ProtectGirlChild #PreventTeenPregnancies

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548

DECEMBER 2020 | ISSUE 007/201



COUNTY GOVERNMENT
OF NANDI

7 KEY BODY SAFETY MESSAGES

1. TALK openly with your child - ensure they know they can talk to you about anything!

2. TELL your child never to keep secrets that make them feel bad and uncomfortable, even if threatened.

3. BE WARY of people who are always 'there' to help out and who take a special interest in your child.

4. WATCH for out-of-character behavioral changes in your child and investigate.

5. LISTEN to your child, even when you are busy and everything else seems more important - abused children often drop hints in conversation to gauge your reaction.

6. ALWAYS believe your child when they tell you about any forms of abuse; reassure them of your love and that they were never to blame - your initial reaction to a disclosure is very important

7. EDUCATE your child in body safety before they are in the abuser's web, and their lives are changed forever



FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548



COUNTY GOVERNMENT
OF NANDI

CHILD ABUSE

the world's greatest
SILENT CRIME.



'It is our
little secret'

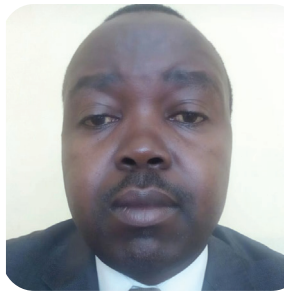
Empower your child to say
NO and report it.

FOR EMERGENCY, ENQUIRIES OR INFORMATION CALL 1548

Meet the team



Ag Director Tourism
Mr. Nelson Koros



Ag. Deputy Director Culture
Isaac Sargoi



Ag Director Gender
Mrs. Caroline Lagat



Ag Director Social Welfare
Mr. David Kemboi



Patroba Jepkorir
Administrator



Human Resource Manager
Lenah Sugut



Economist
Sharon Jepkorir

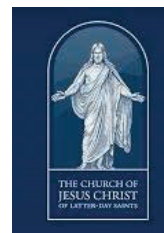


Evans Kipchumba
Communication Officer



Julius Bett
Accountant

Partners



Kenya
Red Cross

